

## Chicken Salad

- 1 whole cubed Garlic Roasted Chicken
- 2 stalks (to 3 Stalks) Celery, Chopped
- 3 whole Green Onions, Chopped
- 1/2 cup Mayonnaise seasoned with Sandia Spice Southwest Seasoning
- 1/2 cup Plain Yogurt Or Sour Cream
- 1/2 cup Half-and-half
- Add a dash of fresh dill if desired
- Add a bit of lemon zest if desired

Serve this on your favorite toasted bread, crackers, or in a lettuce bowl. This recipe is delicious and simple. It makes enough for a picnic or will feed a family of 6 with healthy appetites. Try making this during the winter for a bright and fun meal. Add a cup of soup and I guarantee nobody will notice the cold outside. Make during warm months for a cool refreshing change that's healthier than canned tuna.